# THE SEVERE AND PERSISTENT MENTAL ILLNESS PROGRESS NOTES PLANNER

# The Severe and Persistent Mental Illness Progress Notes Planner

The flexible format of The Severe and Persistent Mental Illness Progress Notes Planner, 2nd Edition enables you to choose between evidence based and traditional "best practice" treatment approaches for your patients. Fully revised to meet your needs as a mental health professional working in today's long-term care facilities, this time-saving resource will save you hours of time-consuming paperwork without sacrificing your ability to develop customized progress notes. This guide is organized around 31 behaviorally based issues, from employment problems and family conflicts, to financial needs and homelessness, to intimate relationship conflicts and social anxiety.

#### The Severe and Persistent Mental Illness Treatment Planner

This timesaving resource features: Treatment plan components for 31 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment planoptions A step-by-step guide to writing treatment plans that meet therequirements of most accrediting bodies, insurance companies, andthird-party payors Includes new Evidence-Based Practice Interventions asrequired by many public funding sources and private insurers PracticePlanners® THE BESTSELLINGTREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Severe and Persistent Mental Illness TreatmentPlanner, Second Edition provides all the elements necessaryto quickly and easily develop formal treatment plans that satisfythe demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-basedtreatment interventions Organized around 31 main presenting problems, including employment problems, family conflicts, financial needs, homelessness, intimate relationship conflicts, and socialanxiety Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment planoptions Easy-to-use reference format helps locate treatment plancomponents by behavioral problem Designed to correspond with The Severe and Persistent MentalIllness Progress Notes Planner, Second Edition Includes a sample treatment plan that conforms to therequirements of most third-party payors and accrediting agencies(including CARF, The Joint Commission, COA, and NCQA) Additional resources in the Practice Planners® series: Progress Notes Planners contain complete, prewrittenprogress notes for each presenting problem in the companionTreatment Planners. Documentation Sourcebooks provide the forms and records thatmental health professionals need to efficiently run their practice. For more information on our Practice Planners®, including our full line of Treatment Planners, visit us on the Web at:www.wiley.com/practiceplanners

# The Severe and Persistent Mental Illness Treatment Planner and The Severe and Persistent Mental Illness Progress

The flexible format of The Severe and Persistent Mental Illness Progress Notes Planner, 2nd Edition enables you to choose between evidence based and traditional best practice treatment approaches for your patients. Fully revised to meet your needs as a mental health professional working in today's long-term care facilities, this time-saving resource will save you hours of time-consuming paperwork without sacrificing your ability to develop customized progress notes. This guide is organized around 31 behaviorally based issues, from employment problems and family conflicts, to financial needs and homelessness, to intimate relationship

conflicts and social anxiety.

#### The Severe and Persistent Mental Illness Treatment Planner

Needto efficiently run their practice. For more information on our PracticePlanners®, including our full line of Treatment Planners, visit us on the Web at: www.wiley.com/practiceplanners.

# The Couples Psychotherapy Progress Notes Planner

The Couples Psychotherapy Progress Notes Planner contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Couples Psychotherapy Treatment Planner. The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized progress notes Organized around 31 main presenting problems that range from alcohol abuse, anxiety, and dependency to eating disorders and depression stemming from relationship problems Features over 1,000 prewritten progress notes (summarizing patient presentation, themes of sessions, and treatment delivered) Provides an array of treatment approaches that correspond with the behavioral problems and DSM-IV-TR<sup>TM</sup> diagnostic categories in The Couples Psychotherapy Treatment Planner Offers sample progress notes that conform to the requirements of most third-party payors and accrediting agencies, including the JCAHO and the NCQA

### The Child Psychotherapy Progress Notes Planner

The Child Psychotherapy Progress Notes Planner, Second Edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Child Psychotherapy Treatment Planner, Third Edition. The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized progress notes Organized around 33 main presenting problems that range from blended family problems and children of divorce to ADHD, attachment disorder, academic problems, and speech and language disorders Features over 1,000 prewritten progress notes (summarizing patient presentation, themes of session, and treatment delivered) Provides an array of treatment approaches that correspond with the behavioral problems and DSM-IV-TR™ diagnostic categories in The Child Psychotherapy Treatment Planner, Third Edition Offers sample progress notes that conform to the requirements of most third-party payors and accrediting agencies, including the JCAHO and the NCQA

# The Adult Psychotherapy Progress Notes Planner

The Adult Psychotherapy Progress Notes Planner, Second Edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Complete Adult Psychotherapy Treatment Planner, Third Edition. The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation. \* Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized progress notes \* Organized around 42 main presenting problems, including anger management, chemical dependence, depression, financial stress, low self-esteem, and Obsessive-Compulsive Disorder (OCD) \* Features over 1,000 prewritten progress notes (summarizing patient presentation, themes of session, and treatment delivered) \* Provides an array of treatment approaches that correspond with the behavioral problems and DSM-IV-TR(TM) diagnostic categories in The Complete Adult Psychotherapy Treatment Planner, Third Edition \* Offers sample progress notes that conform to the requirements of most third-party payors and accrediting agencies, including the JCAHO and the NCQA

# The Co-Occurring Disorders Treatment Planner

The Bestselling treatment planning system for mental health professionals The Co-Occurring Disorders Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies. A critical tool for mental health professionals treating patients coping simultaneously with mental illness and serious substance abuse Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans Organized around 25 main presenting problems with a focus on treating adults and adolescents with alcohol, drug, or nicotine addictions, and co-occurring disorders including depression, PTSD, eating disorders, and ADHD Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-IV-TR diagnosis Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

### The Early Childhood Education Intervention Treatment Planner

The Early Childhood Education Intervention Treatment Planner provides all the elements necessaryto quickly and easily develop formal education treatment plans that take the educational professional a step further past the writing of goals for Individualized Education Plans (IEPs) as well as mental health treatment plans. The educational treatment plan process assists the professional in identifying interventions and communicating to others the specific method, means, format, and/or creative experience by which the student will be assisted in attaining IEP goals. Critical tool for treating the most common problems encountered in treating children ages 3-6 Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized educational treatment plans Organized around 27 main presenting problems, including autism, cultural and language issues, depression, eating and elimination concerns, cognitive and neurological impairment, oppositional behavior, school entry readiness, and others Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and educational interchange Easy-to-use reference format helps locate educational treatment plan components by disability Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

### The Family Therapy Progress Notes Planner

The Bestselling treatment planning system for mental health professionals The Family Therapy Progress Notes Planner, Second Edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Family Therapy Treatment Planner, Second Edition. The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized progress notes Organized around 40 behaviorally based presenting problems, including family-of-origin interference, depression in family members, divorce, financial conflict, adolescent and parent hostility, friction within blended families, traumatic life events, and dependency issues Features over 1,000 prewritten progress notes (summarizing patient presentation, themes of session, and treatment delivered) Provides an array of treatment approaches that correspond with the behavioral problems and DSM-IV-TRTM diagnostic categories in The Family Therapy Treatment Planner, Second Edition Offers sample progress notes that conform to the requirements of most third-party payors and accrediting agencies, including CARF, The Joint Commission (TJC), COA, and the NCQA Presents new and updated information on the role of evidence-based practice in progress notes writing and the special status of progress notes under HIPAA

# The Personality Disorders Treatment Planner: Includes DSM-5 Updates

Approaching personality disorders with evidence-based treatment plans The Personality Disorders Treatment Planner, 2nd Edition is fully updated to meet the changing needs of the mental healthcare field. A time-saver for psychologists, counselors, social workers, psychiatrists, and other mental health professionals, this new

edition offers the tools you need to develop formal treatment plans that meet the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. Organized around twenty-six presenting problems, the easy-to-use format and over 1,000 prewritten symptom descriptions, treatment goals, objectives, and interventions makes the task of developing an evidence-based treatment plan more efficient than ever. The treatment of mental health disorders is rapidly evolving, and new evidence-based protocols are being adopted by federal and state organizations. You are now required to closely monitor patient progress, and you may feel pressure to stick to standardized care and reporting procedures; however, you can only do so if you have access to the latest in evidence-based treatment plans. Updated with new and revised evidence-based Objectives and Interventions Integrated DSM-5 diagnostic labels and ICD-10 codes into the Diagnostic Suggestions section of each chapter Many more suggested homework assignments integrated into the Interventions An Appendix demonstrates the use of the personality disorders Proposed Dimensional System of DSM-5. Expanded and updated self-help book list in the Bibliotherapy Appendix Revised, expanded and updated Professional Reference Appendix New Recovery Model Appendix D listing Objectives and Interventions allowing the integration of a recovery model orientation into treatment plans

#### The Co-Occurring Disorders Treatment Planner, with DSM-5 Updates

This timesaving resource features: Treatment plan components for 25 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most insurance companies and third-party payors The Co-Occurring Disorders Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies. A critical tool for mental health professionals treating patients coping simultaneously with mental illness and serious substance abuse Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans Organized around 25 main presenting problems with a focus on treating adults and adolescents with alcohol, drug, or nicotine addictions, and co-occurring disorders including depression, PTSD, eating disorders, and ADHD Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

#### The Probation and Parole Treatment Planner

The Probation and Parole Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans for clients on parole or probation Organized around 29 main presenting problems, from probation/parole noncompliance and vocational deficits to violent aggressive behavior and childhood trauma, abuse, and neglect Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-IV-TR(TM) diagnosis Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

#### The Complete Anxiety Treatment and Homework Planner

Utilizing the methodology of the bestselling PracticePlanners series, The Complete Anxiety Treatment and Homework Planner provides an all-in-one resource for treating anxiety and anxiety-related disorders-saving time and paperwork while allowing you the freedom to develop established and proven treatment plans for adults, children, adolescents, and other subgroups and populations. Includes a wide range of behavioral

definition statements describing client symptoms as well as 25 customizable homework and activity assignments to be used during treatment Provides long-term goals, short-term objectives, and recommended interventions, as well as DSM-IV-TRTM diagnostic suggestions associated with each presenting problem Ready-to-copy exercises cover the most common issues encountered by a wide range of client groups struggling with anxiety and anxiety-related disorders A quick-reference format-the interactive assignments are grouped by patient type, such as employee, school-based child, adolescent, addicted adult, acute inpatient, and more Expert guidance on how and when to make the most efficient use of the exercises Includes access to ancillary Web site with downloadable resources, including sample treatment plans and customizable homework exercises

# The College Student Counseling Treatment Planner

The College Student Counseling Treatment Planner providesall the elements necessary to quickly and easily develop formaltreatment plans that satisfy the demands of HMOs, managed carecompanies, third-party payors, and state and federal reviewagencies. Saves you hours of time-consuming paperwork, yet offers thefreedom to develop customized treatment plans for young adultclients Organized around 28 main presenting problems, from academicperformance anxiety and financial stress to depression, suicidalideation, and chemical dependence Over 1,000 well-crafted, clear statements describe thebehavioral manifestations of each relational problem, long-termgoals, short-term objectives, and clinically tested treatmentoptions Easy-to-use reference format helps locate treatment plancomponents by behavioral problem or DSM-IV-TR(TM) diagnosis Includes a sample treatment plan that conforms to therequirements of most third-party payors and accrediting agencies(including HCFA, JCAHO, and NCQA)

#### The Addiction Treatment Planner

The bestselling treatment planning system for mental health professionals The Addiction Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions Organized around 43 behaviorally based presenting problems, including substance use, eating disorders, schizoid traits, and others Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

# The Adolescent Psychotherapy Treatment Planner

The bestselling treatment planning system for mental health professionals The Adolescent Psychotherapy Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions including conduct disorder, substance use, low self-esteem, suicidal ideation, ADHD, and eating disorders Organized around 36 behaviorally based presenting problems, including peer/sibling conflict, school violence, sexual abuse, and others Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

# The Child Psychotherapy Treatment Planner

A time-saving resource, fully revised to meet the changing needs of mental health professionals The Child

Psychotherapy Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions including anxiety, attachment disorder, gender identity disorder, and more Organized around 35 behaviorally based presenting problems including academic problems, blended family problems, children of divorce, ADHD, and more Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

# The Complete Adult Psychotherapy Treatment Planner

A time-saving resource, fully revised to meet the changing needs of mental health professionals The Complete Adult Psychotherapy Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions including anger control problems, low self-esteem, phobias, and social anxiety Organized around 43 behaviorally based presenting problems, including depression, intimate relationship conflicts, chronic pain, anxiety, substance use, borderline personality, and more Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-5 diagnosis Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

### The Older Adult Psychotherapy Treatment Planner

The Bestselling treatment planning system for mental health professionals The Older Adult Psychotherapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions Organized around 30 behaviorally based presenting problems including depression, unresolved grief, life role transition, and substance abuse Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

# The Group Therapy Treatment Planner, with DSM-5 Updates

This fully revised resource features: Treatment plan components for 33 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most insurance companies and third-party payors The Group Therapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies. A critical tool for mental health professionals developing formal treatment plans for working with a variety of groups New edition features expanded coverage and outlines entirely new areas including utilizing group therapy to treat panic/agoraphobia, PTSD/trauma, adult ADHD, obsessive-compulsive disorder, and borderline personality disorder Streamlined interventions and fully updated language make this edition easier to use and more clinically applicable Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans Organized around 33 main presenting problems with a focus on

applying a group therapy approach to a wide variety of disorders Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

# The Parenting Skills Treatment Planner, with DSM-5 Updates

This timesaving resource features: Treatment plan components for 31 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions A step-by-step guide to writing treatment plans that meet the requirements of most insurance companies and third-party payors The Parenting Skills Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies. A critical tool for mental health professionals addressing today's complex family structures and the increased pressures on children and adolescents from school, peers, and the general culture Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans for parents and other caregivers Organized around 31 main presenting problems with a focus on giving parents the skills they need to effectively help their children navigate contemporary issues such as the trauma associated with divorce, school pressures, and sexual abuse Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

#### The Couples Psychotherapy Treatment Planner, with DSM-5 Updates

This timesaving resource features: Treatment plan components for 35 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners® THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Couples Psychotherapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidencebased treatment interventions New chapters on Internet sexual use, retirement, and parenthood strain Organized around 35 behaviorally based presenting problems including jealousy, midlife crisis, parenting conflicts, and sexual dysfunction Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Couples Psychotherapy Progress Notes Planner, Second Edition and Couples Therapy Homework Planner, Second Edition Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA Additional resources in the PracticePlanners® series: Progress Notes Planners contain complete, prewritten progress notes for each presenting problem in the companion Treatment Planners. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners®, including our full line of Treatment Planners, visit us on the Web at: www.wiley.com/practiceplanners

# The Family Therapy Treatment Planner, with DSM-5 Updates, 2nd Edition

This timesaving resource features: Treatment plan components for 40 behaviorally based presenting

problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners® THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Family Therapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions Organized around 40 main presenting problems including child/parent conflicts, depression, abuse, death and loss issues, blended family problems, and loss of family cohesion Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easyto-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Family Therapy Progress Notes Planner, Second Edition and the Brief Family Therapy Homework Planner, Second Edition Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA Additional resources in the PracticePlanners® series: Progress Notes Planners contain complete, prewritten progress notes for each presenting problem in the companion Treatment Planners. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners®, including our full line of Treatment Planners, visit us on the Web at: www.wiley.com/practiceplanners

### The Older Adult Psychotherapy Treatment Planner, with DSM-5 Updates, 2nd Edition

This timesaving resource features: Treatment plan components for 30 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners® THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Older Adult Psychotherapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies New edition features empirically supported, evidence-based treatment interventions Organized around 30 behaviorally based presenting problems including depression, unresolved grief, life role transition, and substance abuse Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA Additional resources in the PracticePlanners® series: Documentation Sourcebooks provide the forms and records that mental health??professionals need to??efficiently run their practice. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners®, including our full line of Treatment Planners, visit us on the Web at: www.wiley.com/practiceplanners

# The Suicide and Homicide Risk Assessment and Prevention Treatment Planner, with DSM-5 Updates

This timesaving resource features: Treatment plan components for 27 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most insurance companies and third-party payors The Suicide and Homicide Risk Assessment & Prevention Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans

that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies. A critical tool for assessing suicidal and homicidal risks in a wide range of treatment populations Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans for your adult, adolescent, and child clients Organized around 27 main presenting problems and covering all client populations (suicidal adults, adolescents, and children) as well as homicidal personality types and risk factors including antisocial, psychotic, PTSD, and manipulative Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA)

# The Crisis Counseling and Traumatic Events Treatment Planner, with DSM-5 Updates, 2nd Edition

This timesaving resource features: Treatment plan components for 27 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners® THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Crisis Counseling and Traumatic Events Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions Organized around 27 behaviorally based presenting problems including child abuse and neglect, adult and child suicide, job loss, disaster, PTSD, sexual assault, school trauma including bullying, sudden and accidental death, and workplace violence Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA Additional resources in the PracticePlanners® series: Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice. Homework Planners feature behaviorally based, ready-touse assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners®, including our full line of Treatment Planners, visit us on the Web at: www.wiley.com/practiceplanners

#### **Addiction Treatment Homework Planner**

Help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems. The Addiction Treatment Homework Planner, Fifth Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: 100 ready-to-copy exercises covering the most common issues encountered by clients suffering from chemical and nonchemical addictions, such as anxiety, impulsivity, childhood trauma, dependent traits, and occupational problems A quick-reference format—the interactive assignments are grouped by behavioral problems including alcoholism, nicotine dependence, and sleep disturbance as well as those problems that do not involve psychoactive substances, such as problem gambling, eating disorders, and sexual addictions Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross-referenced to The Addiction Treatment Planner, Fifth Edition so you can quickly identify the right exercise for a given situation or problem All exercises are available online for you to download and customize to suit you and your clients' unique styles and needs

### **Child Psychotherapy Homework Planner**

New and updated assignments and exercises meet the changing needs of mental health professionals The Child Psychotherapy Homework Planner, Fifth Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: 93 ready-to-copy exercises covering the most common issues encountered by children, such as academic underachievement, low self-esteem, depression, and separation anxiety A quick-reference format—the interactive assignments are grouped by behavioral problems including blended family problems, divorce reaction, ADHD, attachment disorder, social anxiety, language disorders, and unresolved grief and loss Expert guidance on how and when to make the most efficient use of the exercises Assignments cross-referenced to The Child Psychotherapy Treatment Planner, Fifth Edition—so you can quickly identify the right exercises for a given situation or problem Downloadable content contains all the exercises in a word-processing format—allowing you to customize them to suit your and your clients' unique styles and needs

### **Family Therapy Homework Planner**

Contains 78 ready-to-copy homework assignments that can be used to facilitate family therapy Homework assignments and exercises are keyed to the behaviorally based presenting problems from The Family Therapy Treatment Planner, Second Edition Assignments are available online for quick customization Features new and updated assignments and exercises to meet the changing needs of mental health professionals The Family Therapy Homework Planner, Second Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: New and updated homework assignments consistent with evidence-based therapies and grouped by presenting problems including adoption, communication issues, interracial family problems, sexual abuse, and school concerns 78 ready-to-copy exercises covering the most common issues encountered by families in therapy, such as family-of-origin interference, depression in family members, divorce, financial conflict, adolescent and parent conflicts, traumatic life events, and dependency issues Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross-referenced to The Family Therapy Treatment Planner, Second Edition—so you can quickly identify the right exercise for a given situation or problem All exercises are available online for you to download and customize to suit you and your clients' unique styles and needs For more information on our PracticePlanners® products, including our full line of Treatment Planners, visit us on the Web at www.wiley.com/practiceplanners

# **Couples Therapy Homework Planner**

Features new and updated assignments and exercises to meet the changing needs of mental health professionals The Couples Therapy Homework Planner, Second Edition provides you with an array of readyto-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: 71 ready-to-copy exercises covering the most common issues encountered by couples in therapy, such as financial conflict, infidelity, work/home role strain, and separation and divorce A quickreference format—the interactive assignments are grouped by behavioral problems including improving communications, handling parenting problems, and resolving sexual issues Expert guidance on how and when to make the most efficient use of the exercises Assignments are cross-referenced to The Couples Psychotherapy Treatment Planner, Second Edition—so you can quickly identify the right exercise for a given situation or problem Downloadable content that contains all the exercises in a word-processing format—allowing you to customize them to suit you and your clients' unique styles and needs Additional resources in the PracticePlanners® series: Treatment Planners cover all the necessary elements for developing formal treatment plans, including detailed problem definitions, long-term goals, short-term objectives, therapeutic interventions, and DSMTM diagnoses. Progress Notes Planners contain complete, prewritten progress notes for each presenting problem in the companion Treatment Planners. For more information on our PracticePlanners® products, including our full line of Treatment Planners, visit us on the Web at: www.wiley.com/practiceplanners

# **Adolescent Psychotherapy Homework Planner**

Evidence-based and effective clinical homework for adolescent clients and their caregivers In the newly updated sixth edition of The Adolescent Psychotherapy Homework Planner, a team of distinguished practitioners delivers a time-saving and hands-on practice tool designed to offer clients valuable homework assignments that will further their treatment goals for a wide variety of presenting problems. The Homework Planner addresses common and less-common disorders—including anxiety, depression, substance use, eating, and panic—allowing the client to work between sessions on issues that are the focus of therapy. This book provides evidence-based homework assignments that track the psychotherapeutic interventions suggested by the fifth edition of The Adolescent Psychotherapy Treatment Planner. They are easily photocopied, and a digital version is provided online for the therapist who would prefer to access them with a word processor. The Homework Planner also offers: Cross-referenced lists of suggested presenting problems for which each assignment may be appropriate (beyond its primary designation) Several brand-new assignments, as well as adapted assignments that have been shortened or modified to make them more adolescent-client-friendly Homework assignments for the parents of adolescents in treatment, assignments for the adolescents themselves, and assignments for parents and adolescents to complete together An essential and practical tool for therapists and practitioners treating adolescents, The Adolescent Psychotherapy Homework Planner, Sixth Edition will benefit social workers, psychologists, psychiatrists, and other clinicians seeking efficient and effective homework tools for their clients.

# **Group Therapy Homework Planner**

Help clients in group therapy develop the skills they need to work through problems Group Therapy Homework Planner provides you with an array of ready-to-use, between-session assignments designed to help clients in group therapy. This easy-to-use sourcebook features: 79 ready-to-copy exercises covering the most common issues encountered in group therapy A quick-reference format—the interactive assignments are grouped by behavioral problem, such as anxiety, bulimia, chemical dependence, and depression Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross-referenced to The Group Therapy Treatment Planner—so you can quickly identify the right exercise for a given situation or behavioral problem Downloadable content that contains all the exercises in a word-processing format—allowing you to customize them to suit you and your clients' unique styles and needs

# The School Counseling and School Social Work Treatment Planner, with DSM-5 Updates, 2nd Edition

This timesaving resource features: Treatment plan components for 33 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes Evidence-Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners® THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The School Counseling and School Social Work Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions including coverage of disruptive classroom behaviors, reinforcing student success, bullying, peer conflict, and school violence Organized around 33 behaviorally based presenting problems in treating students who experience social and emotional difficulties, including social maladjustment, learning difficulties, depression, substance abuse, family instability, and others Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA Additional

resources in the PracticePlanners® series: Documentation Sourcebooks provide the forms and records that mental health??professionals need to??efficiently run their practice. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners®, including our full line of Treatment Planners, visit us on the Web at: www.wiley.com/practiceplanners

# **Child Psychotherapy Homework Planner**

Beneficial take-home assignments for young psychotherapy clients and their parents The Child Psychotherapy Homework Planner, Sixth Edition provides ready-to-use, between-session assignments designed to fit most therapeutic modes. Organized by presenting problem, this homework planner covers 36 issues, including anxiety, depression, adoption, academic underachievement, ADHD, low self-esteem, and PTSD. In this new edition, the homework assignments have been modified to be more accessible to children. Assignment sheets can be easily photocopied, and they are also available online to download and print—making client-specific modification simple. This easy-to-use sourcebook features: Nearly 100 ready-to-copy exercises covering the most common issues encountered by children A format that's easy to navigate, including cross-references to alternate assignments that are relevant across multiple presentations Expert guidance on how and when to make the most efficient use of the exercises Clearly referenced correspondence with the The Child Psychotherapy Treatment Planner for a complete treatment approach The Child Psychotherapy Homework Planner is a high-quality resource that practitioners can use to improve care and accountability. This is a valuable planner that will save therapists time on office work so they can focus on patients.

#### Parenting Skills Homework Planner (w/ Download)

Ready-to-use therapeutic exercises for overcoming parenting deficits The Parenting Skills Homework Planner provides complete, customizable, copy-ready exercises for use with parents in therapy. Designed as a companion for the Parenting Skills Treatment Planner, this invaluable resource can also be used alone to facilitate counseling and help clients take a more proactive role. Organized by topic, each section provides specific goals for each exercise and suggests additional exercises that may help clients organize their thoughts and behaviors surrounding complex family dynamics. From behavioral problems and negative relationships to career development, blended families, grandparenting, and much more, this book provides practical tools for therapists helping clients navigate the landmines of parenthood. In an era of brief therapy, tangible homework assignments help clients continue their therapeutic work outside of the session, offering a quicker, more effective route to solving parenting skills deficits. This book provides insightful prompts and helpful exercises designed to uncover the root of the problem, focus on a solution, and help clients think deeply and critically about past and ongoing behaviors and habits. Use tested homework assignments independently, or in alignment with the Parenting Skills Treatment Planner Customize each exercise to suit each client's situation using downloadable files Help clients get more out of therapy by using time between sessions productively Tackle issues relating to abuse, depression, school difficulties, divorce, poverty, and more Today's complex family structures, combined with increased childhood pressures from school, peers, and the general culture, make parenting a more difficult job than ever before. Homework assignments extend therapy into family time, and facilitate constructive thought and discussion outside of the session. With 60 customizable exercises tailored to specific parenting problems, the Parenting Skills Homework Planner is an essential resource for the family therapist.

# School Counseling and School Social Work Homework Planner

Features assignments and exercises to meet the changing needs of school counselors and school social workers The School Counseling and School Social Work Homework Planner, Second Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: 75 ready-to-copy exercises covering the most common issues

encountered in school settings, such as study and organizational skill deficits and academic motivation/underachievement, as well as \"outside\" issues such as blended families, divorce, substance abuse, teen pregnancy, and parenting skill deficits A quick-reference format—the interactive assignments are grouped by presenting problems including learning difficulties, disruptive classroom behavior, self-esteem building, bullying, and school violence Expert guidance on how and when to make the most efficient use of the exercises Assignments cross-referenced to The School Counseling and School Social Work Treatment Planner, Second Edition—so you can quickly identify the right exercise for a given situation or problem A CD-ROM that contains all the exercises in a word-processing format—allowing you to customize them to suit you and your clients' unique styles and needs Additional resources in the Practice Planners® series: Treatment Planners cover all the necessary elements for developing formal treatment plans, including detailed problem definitions, long-term goals, short-term objectives, therapeutic interventions, and DSM<sup>TM</sup> diagnoses. Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice. For more information on our PracticePlanners® products, including our full line of Treatment Planners, visit us on the web at: www.wiley.com/practiceplanners

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# Veterans and Active Duty Military Psychotherapy Homework Planner, (with Download)

The Veterans and Active Duty Military Psychotherapy Homework Planner provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: 78 ready-to-copy exercises covering the most common issues encountered by veterans and active duty soldiers in therapy, such as anger management, substance abuse and dependence, bereavement, pre-deployment stress, and chronic pain after injury A quick-reference format—the interactive assignments are grouped by behavioral problems including combat and operational stress reactions, postdeployment reintegration, survivor's guilt, anxiety, parenting problems related to deployment, and posttraumatic stress disorder Expert guidance on how and when to make the most efficient use of the exercises Assignments are cross-referenced to The Veterans and Active Duty Military Psychotherapy Treatment Planner—so you can quickly identify the right exercise for a given situation or problem Downloadable assignments—allowing you to customize them to suit you and your clients' unique styles and needs

# The Complete Adult Psychotherapy Treatment Planner

The revised edition of the clinicians' time-saving Psychotherapy Treatment Planner Revised and updated, the sixth edition of The Complete Adult Psychotherapy Treatment Planner offers clinicians a timesaving, evidence-based guide that helps to clarify, simplify and accelerate the treatment planning process so they can spend less time on paperwork and more time with clients. The authors provide all the elements necessary to quickly and easily develop formal, customizable treatment plans that satisfy the demands of HMOs, managed-care companies, third-party payers and state and federal agencies. This revised edition includes new client Short-Term Objectives and clinician Therapeutic Interventions that are grounded in evidence-based treatment wherever research data provides support to an intervention approach. If no research support is available a best practice standard is provided. This new edition also offers two new presenting problem chapters (Loneliness and Opioid Use Disorder) and the authors have updated the content throughout the book to improve clarity, conciseness and accuracy. This important book: Offers a completely updated resource that helps clinicians quickly develop effective, evidence-based treatment plans Includes an easy-to-use format locating treatment plan components by Presenting Problem or DSM-5 diagnosis Contains over 3,000 prewritten treatment Symptoms, Goals, Objectives and Interventions to select from Presents evidence-based treatment plan components for 45 behaviorally defined Presenting Problems Suggests homework exercises specifically created for each Presenting Problem Written for psychologists, therapists, counselors, social workers, addiction counselors, psychiatrists, and other mental health professionals, The Complete Adult Psychotherapy Treatment Planner, Sixth Edition has been updated to contain the most recent interventions that are evidence-based.

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